

AYSO SECTION 11
EXTRA PROGRAM

GUIDELINES



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AYSO SECTION ELEVEN EXTRA PROGRAM GUIDELINES

(Effective July 1, 2022)

PROGRAM

- a. In support of AYSO's Player Development Philosophy, Section 11's eight (8) Areas are invited to participate in the AYSO EXTRA Program ("EXTRA").
- b. The EXTRA program is designed to provide a more competitive level of play to those players who possess the appropriate skills, commitment, and abilities.
- c. The EXTRA program for all Section 11 Areas may include 9U, 10U, 11U, 12U, 13U, 14U, and 16U age divisions for each gender although, in some cases, some ages may be combined or not offered where there are not sufficient teams to form a complete flight.
- d. The Section 11 EXTRA Program offers a Fall season, a Post Season tournament, and a Spring season.
- e. There is a fee per team to participate in the Section 11 EXTRA Program. The specific fee for each season of the Program is given in the year-specific Addendum to these Guidelines. The fees must be obligated per team by the dates specified in the EXTRA Program calendar.

JURISDICTION

- a. The Section Eleven EXTRA Program is a primary program and except for items specifically noted herein, shall be conducted in accordance with the following AYSO Governing Documents: National Rules and Regulations, EXTRA Rules and Regulations, National Bylaws, and National Policy Statement.
- b. Matches and program activities will be conducted in accordance with the current FIFA Laws of the Game (AYSO Edition) and these Program Guidelines as contained herein.
- c. The EXTRA Program Guidelines and calendar will be published on the Section Eleven website.
- d. The program will be administered by the Section Eleven EXTRA Program Administrator, who will be responsible for providing general administrative oversight and direction of the program. This will include managing dispute resolution/discipline review on behalf of and/or through the Section Eleven Director or their designee. The Program Administrator will be authorized to appoint staff to assist in managing the program through AYSO volunteers or third party contractors in the best interest of the program.

- e. Each Area Director is responsible for overseeing/verifying that the EXTRA Program requirements are met as they pertain to player eligibility, coach eligibility, team formation, field allocations, and referee support by those Regions within their Area that elect to participate in the EXTRA Program. Each Region will ensure that appropriate monitoring and measurement reports, as established by the National Board of Directors under the EXTRA Program, are completed and submitted as requested. Authorization to continue participation in the EXTRA Program is subject to completion and timely submission as requested. We must ensure compliance with all AYSO Philosophies, Rules & Regulations, and By-Laws. **It is critical to the success of the program that all Regions follow these guidelines to provide a common, consistent, and positive experience for all players, parents, and volunteers.**
- f. Issues requiring special jurisdiction will be evaluated and handled by the Section Eleven EXTRA Program Administrator in the best interest of the Section and AYSO. This may include appointing a three-member committee of Area Directors or Section Staff Members to resolve matters of disagreement. Any appeal of discussions handled by the above identified process will be adjudicated by the Section Eleven Director or their designee.

PLAYER ELIGIBILITY

- a. Each Regional Commissioner of a Region electing to participate in the EXTRA Program is responsible for their Region's compliance with established player eligibility requirements. Player eligibility, as it pertains to age requirements to participate in a specific gender/age bracket, is defined in the AYSO National Rules & Regulations.
- b. Eligible players must have registered with AYSO and have participated in a scheduled regional team tryout. The AYSO National Office player database shall be the sole source of determining all players' current registration status, and for the creation of team rosters and ID cards.
- c. The Section 11 EXTRA Program is a "Side-by-Side" program. As defined by National regulations, an EXTRA Side-by-Side player may not play on any other AYSO team during the same season, nor will they be eligible for All Star play.
- d. Player Commitment: Players selected to the EXTRA Program will commit to their teams as their priority non-school activity. It is expected that every player attends each practice and game at the agreed-upon times.
- e. To satisfy the commitment required by the EXTRA Program, players may not be enrolled and participate in other Club or non-AYSO soccer programs during the EXTRA Program's fall primary season. As long as compliant rosters are maintained for the following tournaments, Champions Cup and Western States Championships will allow for players transitioning to club programs in the spring, provided they maintained all eligibility requirements during the fall primary season.
 - i. EXTRA Program players may never practice with, play for, or serve as a "guest" player for any soccer club.
 - ii. AYSO United or Matrix may invite EXTRA players as a guest, pending the player's Area Director's approval.
 - iii. It is the responsibility of the participating Region and its coaches to ensure

compliance with the rules related to practicing or playing with or serving as a guest player are made. Unintentional and inadvertent violations will still be treated as a violation.

GUEST PLAYING STATUS

- a. In support of AYSO's Player Development Philosophy, EXTRA Program players shall be permitted to serve as a tournament "guest" player for an AYSO United or Matrix Soccer Club, provided that the tournament occurs before or after the Section 11 EXTRA Program primary season.
- b. EXTRA Program players may not play as a "guest" player for an AYSO United or Matrix Soccer Club during the EXTRA Program primary season.

INELIGIBLE PLAYERS

- a. Any team using an ineligible player will forfeit all games in which the player is ineligible and participates. It will be presumed that the ineligible player participated in all matches unless the team coach can provide definitive evidence to the contrary.
- b. **Placing/playing an ineligible player on a team may result in the expulsion of the player, coach, and/or the entire team from the EXTRA Program,** or such other disciplinary action as deemed appropriate in accordance with the AYSO due process procedure.
- c. EXTRA Program players may never practice with, play for or serve as a "guest" player for any soccer club other than AYSO United or Matrix as specified above.
- d. It is the responsibility of a participating region and its coaches to ensure compliance with the rules related to practicing or playing with or serving as a guest player are made. Unintentional and inadvertent violations will still be treated a violation.

COACH ELIGIBILITY (Team Coach and Assistant Coach)

- a. Each EXTRA Program Team shall have a team coach and an assistant coach.
- b. Coaches participating in EXTRA should be of excellent character. At a minimum, EXTRA Team Coaches and Assistant Coaches must:
 - i) Have a current volunteer application on file at the National Office including a current LiveScan screening
 - ii) Be Safe Haven and SafeSport certified and approved
 - iii) Be Concussion Awareness certified
 - iv) Be an AYSO trained coach as specified in these guidelines
 - v) Be an active participant in the Region's standard primary program as an instructor, coach, referee mentor, or other volunteer service the Region determines adequate to fulfill this requirement
 - vi) Be in good standing with the Region, Area, Section, and AYSO
 - vii) Be approved by the Regional Commissioner (RC) or a Coach Selection Committee chartered by the RC
 - viii) Be evaluated and renewed each membership year

- c. No individual person may be assigned the role of Team Coach for more than one EXTRA team without written permission from their Area Director. In these cases, scheduling conflicts are likely to arise and “double-booking” of a coach is not a valid reason for rescheduling a match. Additionally, Team Coaches are expected to commit considerable personal resources to the team they are coaching, including planning and execution of training sessions, attending matches, and planning and supporting tournament activities.

REQUIRED COACHING CERTIFICATIONS

- a. Coaches must have completed the minimum training levels below:
 - i) 9U/10U: U-10 Coach Certified
 - ii) 11U/12U: U-12 Coach Certified
 - iii) 13U/14U: Intermediate Coach Certified
 - iv) 15U/16U: Advanced Coach Certified
- b. A minimum of one season (fall or spring) shall take place between coach training certification upgrades.
- c. It is also strongly recommended that coaches have continuing education each year as determined by each Region/Area.
- d. Team Coaches and Assistant Coaches must be trained and certified AYSO Referees.
- e. Regional Commissioners shall attest to coach compliance, with the respective Area Director’s oversight/verification. The list of approved coaches and assistant coaches shall be submitted to the Program Administrator by July 1st of each year. Where identified coaches are not in compliance with these requirements, a specific action plan to come into compliance must be submitted to and approved by the Area Director.

REGIONAL SUPPORT (Officiating)

- a. Participating Regions are responsible for identifying a minimum of three (3) unique referees, badge level appropriate, per EXTRA team, maximizing likelihood that sufficient referees will exist for the Region’s home matches each week. Regional Commissioners shall attest to compliance with Area oversight/verification.
- b. In addition, each team shall identify a minimum of three (3) unique certified referees that are active in any of the Region’s AYSO primary programs. (These referees may have been included in those required in part (a), above.)
- c. Referees participating in the EXTRA Program should be of excellent character. At a minimum, referees shall:
 - i) Have a current volunteer application on file at the National Office including a current LiveScan screening
 - ii) Be an AYSO trained and certified referee
 - iii) Be Safe Haven and SafeSport certified and approved
 - iv) Be Concussion Awareness certified
 - v) Be in good standing with the Region, Area, Section and AYSO

- vi) Be approved by the Region Referee Administrator (RRA) and/or Area Referee Administrator (ARA)
- vii) Be evaluated and approved each membership year
- d. All EXTRA Program games shall be officiated using the Diagonal System of Control, i.e. one referee and two assistant referees. Club linesmen should be used when an insufficient number of assistant referees are available.
- e. Matches that do not have a Referee assigned by Thursday at 9:00 PM prior to that weekend's play may be subject to forfeit by the home team.
- f. To increase the quantity and quality of our volunteer referees each participating Region is required to provide a plan conforming to the AYSO National Referee Program including certification, training, and mentoring.
- g. Each region is to establish a referee point system. **Teams that do not meet their Region's referee points requirements will not be eligible for any of the EXTRA Post Season Tournaments.**

REGIONAL SUPPORT (Fields)

- a. Fields and equipment need to be age appropriate. Participating Regions are responsible for properly preparing all fields used. Field set-up and take down are the responsibility of the hosting Region.
- b. Full-sided games (11v11) shall be played with full size goals.
- c. Regions must allocate an adequate number of Saturday and Sunday/weeknight fields.
- d. Each Region is restricted to one (1) Saturday block-out date per field. Alternate fields shall be provided for any additional black-out dates.
- e. Regional Commissioners shall attest to compliance, with the respective Area Director's concurrence.
- f. Each Area shall provide a venue with multiple fields for Post Season Play. Field reservations shall be confirmed by the field authority no later than October 1st.

TEAM, PLAYER, AND COACH IDENTIFICATION REQUIREMENTS

- a. At all matches, coaches must have a team roster generated by the AYSO registration system (SportsConnect) and signed by the RC or delegate. Rosters contain sensitive personal information and may not be requested by or shown to the referee or opposing team's coaching staff.
- b. Therefore, an AYSO registration system (SportsConnect) generated team lineup card must be presented to the referee at check-in. The players shall be presented in jersey-number order with no handwritten modifications other than jersey number. This document is just as important as player ID cards. **Teams not having this lineup card are subject to forfeit the match, pending review of the Program Administrator, the Section Director, or their delegate. Players not listed on this lineup card are not eligible to play in the match.**
- c. At all matches, coaches must have player and coach ID cards. These items are to be presented to the referee at check-in. Players or coaches without valid ID are not allowed to

participate in the match.

- i) Player ID cards shall bear the player name, AYSO ID number, current Membership Year, date of birth, recent photo, and be approved by the Regional Commissioner or designee. All player ID cards must be laminated. Player ID cards may be presented, ten per page, on 8.5” x 11” (laminated) pages.
 - ii) Coach ID cards shall bear the coach name, AYSO ID number, current Membership Year, volunteer position, recent photo, Region number, and signature of the Regional Commissioner or designee. All coach ID cards must be laminated.
 - iii) Coaches shall wear ID cards visibly on their person during check in and for the duration of the match.
- d. At all matches, coaches must have AYSO Player Registration Forms (PRFs) for each participating player. PRFs contain sensitive personal information and may not be requested by or shown to the referee or opposing team’s coaching staff. Nonetheless, PRFs must be on hand at all events (games, practices, scrimmages, parties, etc.) in which the team participates.
- e. Teams that fail to provide required documentation sufficient to participate in the match (at least one properly-credentialed coach, a minimum number of players with proper ID cards, and a proper lineup card) are subject to forfeit the match, pending review of the Program Administrator, the Section Director, or their delegate. In this case, the match should be played. The match officials will report the documentation issues to the Program Administrator.

TEAM FORMAT

- a. The determination of the appropriate number of teams in a division should be based on the population of a division in a Region, the effect the creation of the teams will have on the standard primary program, field availability, age-appropriate referee support and the effect on the program-wide team balancing.
 - i) Regions interested in forming more than one team in a gender/age division must receive written approval from their Area Director prior to the formation of the teams.
 - ii) Regions may not have more teams in an EXTRA Program division than they do in a Standard Primary Program division.
 - iii) Regions that create multiple teams in the same gender/age division shall make all reasonable efforts to create balanced teams.
- b. Single-year age bracketing is permissible and recommended. Regions may also have “combo” teams (two-year age bracketing) where they feel that such action may be in their best interest. In such cases, the age of the oldest player will determine the age bracket placement of the team.
- c. Coed teams are not permitted without written approval from the Section Director or designee. Coed teams, when approved, will play in the Boys division.
- d. Area Directors shall approve the number of teams participating from each of their Regions

by the date specified in the EXTRA Program calendar.

- e. Team rosters are to be entered in the AYSO registration system (SportsConnect) no later than August 1, and shall include:
 - i) Regional and divisional identification
 - ii) Coach and assistant coach information: name, address, phone number, e- mail address, coach training level, CDC Concussion Awareness, and Safe Haven certification date
 - iii) Player information: name, jersey number, address, phone number, birth date, AYSO registration number
 - iv) (when printed) Signature of the Regional Commissioner or designee, signifying attestation of all player and coach information and eligibility
- f. Area Directors must submit printed rosters to the Section EXTRA Administrator no later than August 15. After this date, no team without a properly completed AYSO registration system team roster, approved by the Regional Commissioner and verified by the Area Director, will be permitted to participate in the EXTRA Program.
- g. Until September 30, players may be added to an EXTRA Program team as long as they are not rostered on another AYSO team and comply with all other team/player eligibility requirements. The additional player must be approved by the Regional Commissioner and the Area Director, as established via submission of a new, signed roster.
- h. Roster revisions shall occur whenever a player drops from a team. Players who drop from the team will not be permitted to return during the membership season unless such return is authorized by the Regional Commissioner and Area Director for good cause. Players may not be added after September 30 to replace a dropped player.
- i. Inter-regional recruitment of players during a membership year is not permitted without the prior approval of each of the Regional Commissioners and Area Directors concerned. Recruitment without prior approval may result in sanctions. The Program Administrator may convene a review board in such instances.

ROSTER SIZE AND FORMAT OF PLAY

Participating Regions may enter teams in the 9U through 16U gender/age brackets as follows:

- i) The maximum number of team members allowed in 9U and 10U will be (10) and teams will play 7 v 7. Matches shall last 50 minutes (25-minute halves x 2).
- ii) The maximum number of team members allowed in 11U and 12U will be (12) and teams will play 9 v 9. Matches shall last 60 minutes (30-minute halves x 2).
- iii) The maximum number of team members allowed in 13U and 14U will be fifteen (15) and teams will play 11 v 11. Matches shall last 70 minutes (35-minute halves x 2).
- iv) The maximum number of team members allowed in 15U and 16U will be eighteen (18) and teams will play 11 v 11. Matches shall last 80 minutes (40-minute halves x 2).

PLAYER PARTICIPATION REQUIREMENT

In all 14U matches and below, all players present for the entire match must play a minimum of two of the four “quarters.” In 16U matches, substitutions shall be monitored to ensure that all players play for at least half of the match. Playing time requirements for players present for less than the entire match are subject to the AYSO National Guidelines for player participation.

PLAYER SELECTION PROCEDURE

- a. Each Region is strongly encouraged to adhere to the Section 11 Open Tryout Procedures for the EXTRA Program (available on the Section 11 EXTRA website). Variances from these Procedures must be approved by the Area Director in advance and make every reasonable attempt to maintain the spirit of the Procedures, namely use of appropriate evaluators, multi-factor evaluation, and use of numbered bibs/overlays.
- b. Player evaluation opportunities shall be widely advertised to all potential players. A minimum of two (2) advertised tryouts must be held for each team.
- c. All participants in a tryout must be registered with AYSO and have paid the AYSO Membership Fee for the current Membership Year prior to the tryout session. Regions may choose to support on-site registration for anyone not registered prior to arriving to the tryout.
- d. All players must be newly selected each membership year.
- e. All players in the gender/age bracket of the tryout being conducted are eligible to try out.
- f. Regions are to notify all players who tried out as to their status, positive or negative, within a reasonable amount of time after the tryouts have concluded.
- g. Regions are encouraged to select as large a team as allowed by AYSO Rules and Regulations to ensure enough players and substitutes are available each game day as well as to eliminate the need for adding players at a later date.
- h. The Area Director will be asked to attest to compliance with the requirements in this section.

UNIFORMS

- a. All uniforms and equipment shall be in accordance with AYSO National Rules and Regulations. This includes the Uniform Specifications found at [AYSO's National website](#). **Specifically, all logos must comply with the Specifications and the EXTRA logo may not be modified or customized by Regions.**
- b. EXTRA Program teams should be provided with uniforms similar to those provided to other Fall Standard Primary Program teams. An alternate-color jersey is recommended, as the home team in a match is responsible for wearing jerseys (or scrimmage vests) that clearly distinguish them from the other team. In case of color conflicts, the home team is required to change uniform colors.
- c. Regional funds are not to be expended for any additional player uniforms, warm-ups, backpacks, spirit wear, etc.

PRACTICE/TRAINING

- a. Only players on the signed, submitted team roster are permitted to participate in team training.
- b. There shall be no more than 2-3 training sessions per sanctioned match.

GAMES – SCHEDULING AND RESCHEDULING

- a. There will be one playing circuit: the Northern Tier of Section 11 comprises teams from Areas 11E, 11K, 11L, 11Q, and 11Z. As a pilot effort, there will be one team from Area 1C. All matches will be played/hosted on Section 11 fields.
- b. The teams in each gender/age Division may be separated into distinct flights by a means determined by the EXTRA Program Administrator. In most cases, flights will be based on relative team skill (not geography). Specific variances to this plan will be determined by Area Directors, the EXTRA Program Administrator, and the Section Director.
- c. When the number of teams in a single-year age bracket warrants it, primarily during the Spring season, the playing bracket may be composed of a combination of teams from two adjacent single-year age brackets following the established AYSO guidelines.
- d. The match schedules, results, and standings for the EXTRA Program will be posted (or linked) on the Section Eleven website.
- e. Inter-Area matches (i.e., those involving two teams from different Areas) may not be scheduled to kick off prior to 9:00 AM.
- f. All matches shall be played as scheduled (date, time, and venue) with no exceptions. Under no circumstances should coaches attempt to contact one another to discuss rescheduling a match. **Teams participating in unapproved reschedules will receive a “double forfeit,” be sanctioned, and may be deemed ineligible for post-season play.**

NOTE: There are very few valid reasons for rescheduling a match. Aside from city/school-directed closures (typically due to weather), all requests for reschedules must be approved by the Section Director or designee.

- g. The only valid source of match information (date, time, venue, field open/closed) is the Section 11 Scheduling website. Local “mud lines” are not to be relied upon for field status determination. Unless and until the Scheduling website indicates that a match is postponed, the match is presumed to be played.
- h. In cases of games cancelled by adverse weather conditions (rain, poor air quality, or act of God), the Area Director of the home team shall, within 96 hours, submit to the Program Administrator a request to reschedule the game and it shall be played within two weeks of the originally scheduled game. The Program Administrator has the authority to reschedule games or declare a forfeit should there be an unfair advantage by not rescheduling a game.
- i. All (rescheduled) matches shall be posted no later than 72 hours prior to the newly scheduled kickoff unless otherwise approved by the Program Administrator.

GAMES – SCORE REPORTING

- a. Coaches are responsible for reporting match scores to the designated schedule/standings website as soon as reasonably possible and no later than 24 hours after completion of the

match. Reporting responsibility is assigned to the winner of the match. In case of a draw, the home team shall assume responsibility for reporting the score.

- b. In the case of an incorrect score report, the coach shall follow the link included in the erroneous score-report email to initiate a correction. Do not reply directly to the score-report email or forward/initiate a new email to correct scores.

GAMES – GAMEDAY REQUIREMENTS

- a. Sideline assignments of players, coaches, and spectators shall be solely determined by the hosting Region’s regulations. The home team coach is the authoritative source of direction.
- b. Both teams shall be present and ready for pre-game check-in no later than 15 minutes prior to the scheduled kick-off time. If either of the teams is not ready to play at the scheduled kick-off time, the referee may allow a grace period of up to ten (10) minutes before abandoning the match. In any case, the referee may, at his sole discretion, shorten both halves of the match to accommodate a late start.
- c. The referee is to report all suspensions or terminations of matches due to field closures and any other area of concern including unsafe conditions in the Referee Match Reporting System within twenty-four (24) hours of the game.
- d. The referee may terminate or suspend a match for reasons of safety (including unsafe field conditions, bad weather, or darkness), for any serious infringement of the Laws, or because of interference by spectators. The referee must report fully on the events.
- e. In the case a match is abandoned prior to Full Time, the Section Director or delegate has the authority to declare a winner, a forfeit, or a replay of the match in its entirety as follows:
 - i) If a team did not have enough players ready to play at the scheduled time (after a grace period, referee determined), their opponent will be awarded a 1-0 forfeit.
 - ii) If an entire team fails to appear for a scheduled match, the Program Administrator will investigate the cause of the no-show. If warranted, the coach of the no-show team may be charged with coach misconduct (failure to conduct themselves responsibly before the match) and be subject to all the consequences of coach misconduct, including loss of 1 point in the league standings.
 - iii) If the match termination is due to the actions of both teams the game shall be deemed a “double forfeit” (loss by both teams) and will count in the computation of average points per game in determining the standings.
 - iv) If less than one-half of the regulation match time had been played at the time of the game suspension, the match will be rescheduled (field space permitting) and played in its entirety at a later date and time. If the match cannot be rescheduled, it will be considered a “match not played” for purposes of standings.
 - v) If a match termination occurs prior to completion for any reason, the match score may stand as recorded by the referee, provided one half or more of the regulation match time had been played at the time of suspension. In these cases, the Section

Director has authority to determine it a “match not played” (and may be rescheduled) in cases where coach, player, or spectator misconduct directly led to the termination.

GAME SCORING

- a. A maximum of three (3) points shall be awarded to a team in any one game as follows:
 - i) Win 3 points
 - ii) Draw 1 point
 - iii) Loss 0 points
 - iv) A one (1) point deduction for each red card (send-off) received by a player.
 - v) A one (1) point deduction when a coach or assistant coach is expelled for failure to conduct themselves in a responsible manner (before, during, or after the match).
 - vi) A one (1) point deduction for using an ineligible player in a match (in addition to the zero-point loss/forfeit).
 - vii) A one (1) point deduction when a spectator is expelled for failure to conduct themselves in a responsible manner (before, during, or after the match).
- b. Forfeits will be recorded as a 1-0 score in favor of the non-forfeiting team.
- c. Standings will be determined by average points per game (total points earned divided by number of games played).
- d. Tie breakers for season standings shall be as follows:
 - i) Head-to-Head Play (outcome of the game(s) involving the tied teams)
 - ii) Goal Differential: goals scored less goals allowed, maximum differential of three (3) goals per game
 - iii) Team with highest number of goals scored, maximum of five (5) goals per game
 - iv) Lowest point deductions for misconducts and send-offs
 - v) Random draw (coin toss)
- e. Awards will be given to the top teams based on the final league standings.

POST SEASON PLAY

- a. Post Season Play is an AYSO Invitational Tournament and will be determined by a combination of “opt-in,” tournament qualification, and team eligibility.

Opt-in: all teams interested in being considered for post-season play must register via the Section 11 Extra post-season registration page by the date indicated in the Extra Program Addendum).

Tournament qualification: a limited number of invitations for tournament qualification will be available. The number of invitations is primarily based on season standings and

field space made available (by Areas) for post-season play. Guidelines for invitation determination are published in the Extra Guidelines Addendum and are subject to final interpretation by the Section Director or her appointee.

Team eligibility: only those teams meeting all post-season play eligibility requirements will be invited to post-season play. Eligibility requirements are outlined elsewhere in this document and key points are summarized in the following paragraphs.

- b. Teams that have two or more reported games of a coach and/or spectator being expelled for failure to conduct themselves in a responsible manner will not be eligible to participate.
- c. Teams that do not comply with their Region's Referee Point System (or any other Regional or Area Eligibility requirements) will not be eligible to participate. Area Directors will be required to attest to team compliance.
- d. A separate fee is to be paid for Post Season Play. Regional Commissioners will be required to attest that each team is in financial good standing to be eligible to participate.
- e. Player participation is limited to those who are on the approved roster during the regular season.

Champions Cup Flight

- a. Team selection to participate in the Champions Cup will be determined according to the EXTRA Tournament Selection procedure in the EXTRA Program Addendum attached to these Guidelines.
- b. Medals may be presented to the 1st – 4th place teams in each age/gender division.
- c. The champions may be invited to participate in the Western States Championships in the EXTRA Program flights. The runners-up will be alternates in case the champions cannot attend. In some cases, the runners-up may be invited as a Wildcard team.

League Cup Flights

- a. League Cups will be formed for each age/gender Division to the extent permissible by the field availability for the post season tournament.
- b. Team selection will be determined according to the EXTRA Tournament Selection procedure in the EXTRA Program Addendum attached to these Guidelines.
- c. Medals may be presented to the 1st and 2nd place teams.

MISCONDUCT

- a. It is the responsibility of the referee in EXTRA games to submit a written Match Report within 24 hours after the conclusion of the game in which a player caution or send-off occurred. The referee must also submit a Match Report when a coach or spectator is warned or expelled for failure to conduct himself/herself in a responsible manner (before, during or after the game).
- b. Should violators of the penalties set forth in this section refuse to immediately leave the field when requested to do so by the referee, the game shall be suspended until the situation has been resolved. If it is not resolved in what the referee considers a reasonable amount of time, the match shall be abandoned and the referee must submit a Match Report.

- c. There is **no** mandatory “cooling off” period for cautioned players (also defined by FIFA as “sin bins”). It is recommended that, at the coach’s request and with the referee’s permission, a cautioned player, or any player having difficulty controlling their emotions, may be substituted at the earliest opportunity.
- d. Send-Off’s (Red Cards), Cautions (Yellow Cards), and Coach/Spectator expulsions or reports of irresponsible behavior issued in games **are not subject to appeal**.
- e. Suspensions:
 - i) The penalty for a player send-off (Red Card) shall be a minimum one (1) game suspension. Referees shall not retain any Player ID Cards from players who have been sent-off.
 - ii) The penalty for coaches or spectators being expelled for failure to conduct themselves in a responsible manner shall be a minimum one (1) game suspension.
 - iii) Disciplinary Review shall be conducted by the team’s home Region/Area in cases of send-offs related to abusive language, serious foul play, violent conduct and any reported coach or spectator expulsion/irresponsible behavior. Additional sanctions shall be reported to the Section Director, Program Administrator, and Section Referee Administrator.
 - iv) The length of any suspension may be increased and other disciplinary measures applied if deemed warranted in accordance with the AYSO due process procedure.
 - v) Suspensions shall be served in the first game (not scrimmage) that is played following the game of the incident.
 - vi) If the player sent off is a minor (under 18 years of age), he/she must leave the field in the company of his/her parent(s) or guardian(s) or a Safe Haven certified adult. Otherwise, the player may remain in the proximity of the field under adult supervision.
 - vii) A player serving a suspension may attend the team’s next scheduled game as a spectator and not in uniform, but may not participate in any manner.
 - viii) A coach or spectator serving a suspension may not be present at the game (including pre- and post-game activities) or participate in any manner.
- f. In the event a suspended player, coach, or spectator participates in a match from which he/she has been suspended, the game shall be recorded as a forfeit in favor of the opposing team. For each such event, the original suspension must be served at the next game played by the team, an additional one game suspension must be served at the following game, and the coach of such team must serve a one game suspension.
- g. The respective Codes of Conduct shall govern acceptable conduct for players, coaches and spectators at EXTRA Play games. The rules related to fighting will be strictly enforced.
- h. The applicable Area Director(s), with the assistance of the Area Referee Administrator(s) and the Area Coach Administrator(s), together with the respective Regional Commissioners, shall review all inter-regional disputes or disciplinary issues not resolved

at the Region level. Any disciplinary action taken must be communicated to the Section Director, EXTRA Program Administrator and Section Referee Administrator within 96 hours of the game in which the incident occurred. Disciplinary Review Panels may be called if deemed necessary by the Area Director(s) or the Program Administrator.

- i. A weekly Match Report Summary will be distributed to Area Directors, Area/Regional Referee Administrators, and applicable Regional Commissioners. This report will list all cautions, send offs, expulsions and information on other reports submitted by referees and shall also list those suspensions that are to be served (by gender/age bracket, name, date and location).

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